

## **\*Myths Perpetrated by the Codex Alimentarius Commission by John Gilbert, Ph.D.**

Myth #1: Chemical fertilizers increase yields of healthier crops.

True, they do increase yields of inferior crops, but the cost of the chemical fertilizers is greater than the increase in farmer profits due to larger yields. Economically, chemical fertilizers are more expensive than natural fertilizers. Unfortunately, lending institutions are more interested in gross income than profits to the farmer, so they demand larger yields at all costs.

False. Natural fertilizers actually produce healthier crops with higher vitamin and mineral content. Unfortunately, chemical fertilizers are so toxic to the soil, they kill the organisms necessary for proper plant growth, and they unnaturally force the plant to grow too quickly and produce larger crops with less nutritional value.

Myth #2: Genetically modified foods increase yields of healthier crops.

True. GMO crops do generally have higher yields, but again the cost of GMO seeds is greater than the increase in farmer profits due to these larger yields. Economically, the farmer realizes a smaller margin of profit when using GMO seeds. Unfortunately, it's getting more and more difficult to purchase any seeds in America that are not genetically modified. GMO seeds are more profitable to the biotechnology industry.

In fact, it's almost impossible to purchase natural soybean seeds. Natural soy bean seeds do not have any known adverse side effects. It's almost impossible to purchase natural field corn seeds which also have no known adverse side effects.

False. GMO crops are being implicated in a number of health issues in America today. GMO field corn yields a much higher content of corn fructose used to make corn syrup which is implicated in the current obesity epidemic in America. Corn syrup may also be implicated in the onset of adult diabetes, cancers involving the digestive and immune systems and cardiovascular problems including heart disease. GMO soybeans are implicated in high levels of estrogen, enlarged breasts and breast cancer in both men and women. GMO soybeans are also considered to be possible appetite enhancers encouraging people to eat more and are thus also implicated in the obesity epidemic.

Myth #3: Pharmaceuticals have improved the health of Americans, extended their lives and enhanced the quality of their lives.

True. Life expectancy has increased for Americans but there's no proof pharmaceuticals had any influence on this. The quality of life may have improved for some people and declined for others. But, again, there is no conclusive proof that drugs had anything to do with improving of the quality of human or pet life.

False. The overall health of Americans has decreased steadily during the past fifty years. America was #1 in health care in almost every category following World War Two. Today America ranks an average of 47th in general health and 42nd in health care in the countries of the world. All of Europe and parts of Asia and South America rank higher in both categories.

The cellular pH of people who take no pharmaceutical drugs or vaccinations of any kind is higher than those who take drugs or become inoculated. The more drugs people take, the lower their cellular pH. The normal cellular pH of a healthy human body is slightly alkaline at 7.2 and cellular pH below 7.0 is known to increase populations of bacteria, viruses, molds, fungi, Candida and internal parasites. Low, or slightly acidic, pH is implicated in memory loss and mental problems, loss of focus and concentration, mood disorders and emotional problems, immune system dysfunction, digestive and food assimilation problems and obesity, diabetes, heart failure and cancer.

Survival of patients with cancer problems is higher in those patients who seek alternative care including therapies that raise cellular pH and improve both cardiovascular and lymphatic system functioning than those people who subject themselves to allopathic medical practices. That may change because Codex Alimentarius has a mission of illegalizing all alternative care for cancer patients and mandating only pharmaceutical treatment even though more people die from cancer treatment than cancer today.

It appears that everything we hear about the benefits of drugs, chemicals and GMO foods is false propaganda endorsed by the FDA at the expense of the American public.

Myth #4: Pharmaceuticals are safe.

False. Drugs and chemicals used to sanitize hospital rooms, and especially operating rooms, never kill 100% of the bacteria in the room. Those pathogens who survive build immunity to those drugs and chemicals. This genetic code is passed along to future generations. The result is the drugs and chemicals create "super bugs" that kill people and are immune to chemicals and drugs.

The fact is the average toilet in American homes is more sanitary than the average hospital operating or sleeping room. That's why merely going to the hospital is a leading cause of death in America today. Americans die at a rate of 20 to 65% more often in their hospitals than Europeans and people living in most developed Asian countries.

False. Almost every, if not all, chemicals and pharmaceuticals decrease cellular pH below safe levels thereby increasing the chance of disease, medical disorders, medical conditions, organ failure and the incidence of adult onset diabetes, cancer and heart disease. That's why there's a joke going around that if you want to commit suicide, sell your guns and get a prescription.

Americans consume more drugs and toxic chemicals than residents of any other country in the world. Americans suffer a higher incidence of adult onset diabetes, heart disease and cancer than residents of any other country in the world. A higher percentage of Americans die of diabetes, cancer and heart disease than citizens of any other country in the world. Americans are grossly obese by any standard and we are the most obese country in the world by a large margin.

The FDA and the Codex Alimentarius Commission would have you believe these facts are: 1) merely coincidence, 2) inaccurate, 3) misleading, 4) not accurately reported for other countries, and 5) due to things other than drugs and toxic chemicals. The World Health Organization disagrees. Natural health practitioners of all kinds disagree. According to a recent National Institutes of Health survey, the FDA and CAC are in error.

The bottom line is that in America the FDA is controlled by the CAC and uses its governmental clout to deceive the American public and protect their cash flow. So the FDA supports the CAC myths and makes laws, rules, policies, regulations and procedures to support these myths. The net result is that the concept of the FDA protecting the public health is the real myth.

If Americans are to become healthier they need to dismantle the Codex Alimentarius Commission, revamp the FDA, change the funding of the FDA, remove barriers to alternative health care, return research to universities and terminate the ability of anybody to patent pharmaceuticals, chemicals and genetically modified organisms by placing this information in the public domain.

It is estimated that these changes will reduce the cost of medical care by at least sixty and possibly more than seventy percent. Fewer people will be sick. Fewer people will require hospitalization. Fewer people will require pharmaceuticals, and those who do will pay a fraction of current prices. The average pharmaceutical costs less than a tenth of a cent to produce and sells for more than \$6.00 per pill. You do the math...

\* "The views expressed in this letter are my own personal opinions and are not to be attributed to the Natural Therapies Certification Board. Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies." Dr. John F. Gilbert