

Attention: Unlicensed and Non-certified American Biofeedback Professionals

The US FDA registers biofeedback equipment for use by licensed healthcare professionals. If you have a license in chiropractic, counseling, dentistry, medicine, psychology, psychotherapy or veterinary medicine you may legally use biofeedback training for any purpose included within the scope of your practice. If you do not have such a license, under US FDA rules and regulations, you must work under the supervision of one of these licensed providers, or you must be certified in biofeedback by a recognized certification board. In my opinion, you must also avoid the attention of the drug companies.

In order to become certified as a technician, you must create and use an approved informed consent form to be signed by your client. To comply with federal rules and regulations you must give a copy of your informed consent form to your client and keep a signed copy in your client file. You are encouraged to keep a separate file for each client. Go to <http://ntcb.org/biofeedback/rtech.html> to apply for your certification. Send a copy of your informed consent form to ntcb.info@gmail.com right away if you'd like us to review it for you. Then you have four months to complete your intermediate and advanced training. You also need to complete your internship, an anatomy course and a coaching workshop.

Failure to comply with US FDA rules and regulations places you in an untenable position with licensing boards under the jurisdiction of your state (and in my opinion, the pharmaceutical companies). When a question about your services or a complaint is registered against you, you have no defense. You must prove you are in compliance with the rules and regulations outlined here or you are guilty. The burden of proof rests with you. You must prove you do not diagnose, treat, cure or prevent any chiropractic, dental, emotional, medical, mental, psychological or veterinary condition, disease or disorder. To even attempt these things is illegal unless you have the proper license.

When you complete our blueprint requirements, you qualify to take the NTCB certification examination to become certified as a biofeedback, quantum biofeedback, bioresonance, bioenergetics, biofrequency, stress management, and/or pain management specialist. All you need to do is pass the certification examination. You can arrange to take this test in your community. As a certified specialist you are able to practice biofeedback as an independent practitioner without supervision.

As a biofeedback professional, you are encouraged to check out BiofeedbackAssociation.com for malpractice insurance and other benefits of membership at very reasonable prices. If you need either an ethics or coaching course consider BiofeedbackCoach.com or the free program offered by The Quantum Center for Excellence (877-388-3004). Additionally you may benefit from reading the networking opportunities available through MedicalBiofeedback.com and Envision4Health.com/NTRB/ has several reports regarding licensing and certification. If you need anatomy, check out your options at NTCB.org.

Over the last five years over 600 American biofeedback professionals have closed their business at the request of license boards in order to avoid more serious consequences. None of these people were in compliance with US FDA rules and regulations explained in this letter. That's sad, because with a little effort anybody can comply. It's sad because of all the people they could have helped who continue to suffer due to unmanageable stress or pain. It's sad because they had already made a large investment in their new career, and now they no longer have that career. Sadly, this was all avoidable.

If anybody you know is not already certified as a specialist, please do everybody a favor and encourage them to upgrade to specialist as soon as possible. You've already invested a good deal of yourself and your resources into your biofeedback career. Now is a good time to upgrade your own certification.